

**Hampden-Wilbraham Partners for Youth – Agenda and Attachments**  
**Wednesday, August 19, 2020 (1 p.m. – 2:02 p.m.) Zoom Video/Phone Meeting**

**Present:**

**Terrence Smith**, United Way of Hampden County; **Kathy Fuss, Jr.** Women’s Club of Wilbraham Tracey Plantier, Parent/Community Volunteer; **Mike Roy**, Athletic Director, MRHS/HWRSD; **Jennifer Elkas**, Behavioral Health Network; **Kerri O’Connor**, Family Support Specialist, HWRSD; **Ruth DiCristoforo**, Coalition Coordinator; **Gina Kahn**, Coalition Director

**Welcome** - Please put your name, agency/sector, and any additions that you would like to make to the agenda in the ZOOM chat box. We will forego round-table introductions-- please introduce yourself before speaking.

**I. Coalition Discussion -- Upcoming Events**

A. Parent/Caregiver Webinars-- Minding Your Mind -- Gina/Ruth

1. **Wednesday, September 2**, parents/caregivers 6-12--Jon Mattleman adapting "Teens, Tweens and Quarantines," w/ "getting ready for return to school" context with approximately 40 minutes for presentation and a 40 minute Q/A discussion: addresses: why pandemic is so difficult for this age group; the process of loss; issues related to teen behaviors; messages of resilience
2. **Thursday, September 3**, -- parents/caregivers preK-5 Linda Price, with an adaptation of **ABCs of Quarantine**--a national webinar provided in the Spring for parents/caregivers of K-5. Presentation will also be adapted to be more focused on helping kids in the back to school transition/ adjustment. <https://mindingyourmind.org/online/abcs-of-quarantine-attention-balance-connection/>

**Discussion:** Members noted the importance of doing something on self-care for administrators and families, with the coalition priority of providing support and resources. We agreed that activities for social emotional needs for parents, students and school staff were important, and Gina noted that in the Coalition network we should be reaching out to other sectors in addition to schools to identify common areas of support needs. Team members will spread the word about these events as soon as flyers are available.

B. [Search Institute](#) Training - Gina

1. Coalition-at-large Training: October 15<sup>th</sup> & 16<sup>th</sup> (11 a.m. – 1p.m.)  
[Developmental Assets/Developmental Relationships](#) Workshop  
Team asked to please mark calendars for this important event.
2. Possible Parent Program to be conducted by Search—details to be shared soon

C. Additional Parent Programs:

Catch My Breath (Nov. 19<sup>th</sup> Vaping Prevention)  
Mental Health/Mindfulness – TBD with Rotary Support

D. Budget (Gina) -- *Based on unobligated funds, we are in a good position to fund the costs of these programs. In addition, we have been notified that the Rotary grant application was approved and we will move forward with the mental health education/ support program that was the focus of that project.*

**II. Coalition Updates -- Coalition During COVID**

A. Community Updates/Collaborations - **Jennifer Elkas**, Update on Family Resource Center [BHN](#) Discussion and update from Jenn. BHN continuing virtual, have had workshops on self-care along the way, and may co-sponsors some activities/groups. New family resource center is open at 78 Main Street, Ware, serving the VanWart catchment area that includes Hampden and Wilbraham. Any needs that any families have, they will find assistance here. It is staffed by a School liaison,

*family support worker, family partner (described as caregiver-to-caregiver support, someone who has had lived experience with raising children with special needs).*

*There is also a clinician working half time, who triages the intake process and assigns the family to the appropriate staff member. This is a free service, no insurance or out of pocket costs. Services can be virtual, or in person, by appointment.*

**B. School/Office Reopening Updates - Gina**

*Discussion: Office has remained open through the summer, and will be resuming more typical functioning next week as the district moves towards reopening. Gina and Ruth have worked primarily virtually throughout the summer and we will keep folks posted on schedules in the near future. Gina also referred the group to the attachment that provides a snapshot of all activities within the past six months, the impacts of the pandemic, and the many activities that have continued. This was used for DFC reporting but provides an excellent summary of the nature of our work, in the context of DFC/SPF frameworks. (See attachment)*

**C. DFC Report submitted; STOP-Act NCE requested; Transition to CDC training 8/20 2pm**

**D. Core Management/Steering Team Recommendations**

*Gina noted that with "Year 7" approaching, we will be re-establishing our CIA/ sector representative commitments as well as continuing to formalize the core management team and other leadership functions.*

**E. Youth Engagement/Job Posting**

*Gina to finalize posting within the next week.*

**F. Future Meeting days/times considerations**

*Wednesdays at 2pm suggested. We will send out a survey with this recommendation and ask for feedback. We will use google calendar for meeting invites, with email back-up. Next meeting will remain virtual as we consider options for face-to-face gatherings, based on guidance and availability of appropriate space.*

*Closing Comments: Terrence provided the following resource link: <https://activatelibcon.org/>*

Adjourn 2:02pm

**III. Future Topics for Next meeting Wednesday, 23 September 2020-- 2:00-3:30pm**

- A. Continued Equity Action Steps Discussions
- B. CADCA Attendees-- Workshop Snapshots
- C. CES Longitudinal Analysis
- D. Fall Positive Community Norm Messaging campaign with updated Substance Use Prevention/Making Good Choices Messages with new infographics
- E. Website, Facebook, Coalition e-News; H-W Times Spotlight
- F. Communications: Revise Member & Outreach Contact Information, Update Marketing Materials, Create Youth Coalition brochure, Instagram Project



Notes taken by Gina Kahn

**United for Safe, Healthy, and Drug-free Communities**

*We believe preventing and reducing youth substance use is a collective responsibility. We strive to implement a coordinated, comprehensive, and sustainable plan of evidenced based programs, activities and resources that positively impact a healthy childhood development of our youth.*